

# Clinics with lymphoedema therapists



## North Island

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|------------------------------------------------------------|------------------------------------------|----------------|--------------------------------------------------------------------------------------------------------------------------|
| <b>Active+ Albany</b>                                      | Albany,<br>Auckland                      | 09 444 1925    | <a href="http://www.activeplus.co.nz/locations/albany-north-shore">www.activeplus.co.nz/locations/albany-north-shore</a> |
| <b>Bay Physiotherapy</b>                                   | St Heliers,<br>Auckland                  | (09) 575 3666  | <a href="http://www.bayphysiostheliers.co.nz">www.bayphysiostheliers.co.nz</a>                                           |
| <b>Harbour Cancer Centre Physiotherapy</b>                 | Glenfield,<br>Auckland                   | (09) 925 4451  | <a href="http://www.harbourcancer.co.nz">www.harbourcancer.co.nz</a>                                                     |
| <b>Intouch Health</b>                                      | Mount Albert,<br>Auckland                | (021) 299 1054 | <a href="http://www.intouchhealth.co.nz">www.intouchhealth.co.nz</a>                                                     |
| <b>Return to Form Ponsonby</b>                             | Ponsonby,<br>Auckland                    | (09) 551 4460  | <a href="http://www.returntoform.com">www.returntoform.com</a>                                                           |
| <b>Lagom Clinic Lymphatic Care</b>                         | Newmarket,<br>Auckland                   | (09) 217 6653  | <a href="http://www.lagomclinic.co.nz">www.lagomclinic.co.nz</a>                                                         |
| <b>Lymph Therapies</b>                                     | Pukekohe,<br>Auckland                    | 021 142 9338   | <a href="http://www.lymphtherapies.co.nz">www.lymphtherapies.co.nz</a>                                                   |
| <b>LymphOedema Essentials</b>                              | Parnell,<br>Auckland                     | 020 4047 3522  | <a href="mailto:info@LOE.co.nz">info@LOE.co.nz</a>                                                                       |
| <b>Peak Pilates and Physiotherapy Botany</b>               | Botany Downs,<br>Auckland                | (09) 274 6000  | <a href="http://www.peakpilates.co.nz/botany">www.peakpilates.co.nz/botany</a>                                           |
| <b>Peak Pilates and Physiotherapy Merton Rd / St Johns</b> | St Johns,<br>Auckland                    | 021 151 9557   | <a href="http://www.peakpilates.co.nz/st-john-merton-rd/">www.peakpilates.co.nz/st-john-merton-rd/</a>                   |
| <b>Mount Eden Lymphoedema &amp; Massage Clinic</b>         | Mount Eden,<br>Auckland                  | 021 296 6243   | <a href="mailto:mwakefieldmassage@gmail.com">mwakefieldmassage@gmail.com</a>                                             |
| <b>Bodyworks Physiotherapy &amp; Wellness</b>              | Kerikeri                                 | (09) 407 4288  | <a href="http://www.bodyworkspysio.co.nz">www.bodyworkspysio.co.nz</a>                                                   |
| <b>Freshstart Physiotherapy</b>                            | Kensington,<br>Whangārei                 | 021 0236 7074  | <a href="http://www.freshstartphysiotherapy.co.nz">www.freshstartphysiotherapy.co.nz</a>                                 |
| <b>Renee Wood – Āki Innovations</b>                        | Sun Salute Yoga Studio,<br>Hamilton East | 021 0815 8383  | <a href="mailto:renee@aki.nz">renee@aki.nz</a><br><a href="mailto:marcia@aki.nz">marcia@aki.nz</a>                       |
| <b>Thames Physiotherapy Clinic</b>                         | Thames,<br>Waikato                       | (07) 868 9579  | <a href="http://www.thamesphysio.co.nz">www.thamesphysio.co.nz</a>                                                       |
| <b>ZONE Physio &amp; Pilates</b>                           | Taupo,<br>Waikato                        | 021 566 894    | <a href="http://www.pilates4life.co.nz">www.pilates4life.co.nz</a>                                                       |

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| <b>Skin Deeper</b>                                                                  | Waihi,<br>Waikato                    | 021 239 2341  | <a href="mailto:viv@totalwp.co.nz">viv@totalwp.co.nz</a>                                                                                             |
| <b>Kathryn Vickers –<br/>In Touch: Physiotherapy &amp;<br/>Lymphoedema Services</b> | Gate Pa,<br>Tauranga                 | 021 0235 2600 | <a href="http://www.lymphysio.co.nz">www.lymphysio.co.nz</a>                                                                                         |
| <b>Lymph Connection</b>                                                             | Rotorua,<br>Bay of Plenty            | 027 389 5151  | <a href="mailto:lotsoflymph@gmail.com">lotsoflymph@gmail.com</a>                                                                                     |
| <b>Shona Lee Physiotherapy</b>                                                      | New Plymouth,<br>Taranaki            | 021 0292 7976 | <a href="mailto:shonamoves@gmail.com">shonamoves@gmail.com</a>                                                                                       |
| <b>Napier City Massage<br/>Therapy</b>                                              | Napier South,<br>Napier              | (06) 833 6162 | <a href="http://www.napiermassage.co.nz">www.napiermassage.co.nz</a>                                                                                 |
| <b>Align Physiotherapy</b>                                                          | Havelock North,<br>Hastings          | (06) 833 6485 | <a href="http://www.alignphysio.co.nz">www.alignphysio.co.nz</a>                                                                                     |
| <b>Habit Health<br/>(Havelock North Physiotherapy)</b>                              | Havelock North,<br>Hastings          | (06) 877 7100 | <a href="http://www.habit.health/about-us/locations/habit-health-havelock-north">www.habit.health/about-us/locations/habit-health-havelock-north</a> |
| <b>Churchyard Physio</b>                                                            | Palmerston North                     | (06) 354 8008 | <a href="http://www.churchyardphysio.co.nz">www.churchyardphysio.co.nz</a>                                                                           |
| <b>Maria Mudford</b>                                                                | Greytown,<br>Wairarapa               | 021 0266 3462 | <a href="http://www.mariamudford.com">www.mariamudford.com</a>                                                                                       |
| <b>Arc Physio Pilates</b>                                                           | Kelburn &<br>Hataitai,<br>Wellington | 0800 272 749  | <a href="http://www.arcwellness.nz">www.arcwellness.nz</a>                                                                                           |
| <b>Daniela Graham</b>                                                               | Island Bay,<br>Wellington            | 022 103 5850  | <a href="mailto:danielapgraham@gmail.com">danielapgraham@gmail.com</a>                                                                               |
| <b>In Form Health</b>                                                               | Roseneath,<br>Wellington             | 021 232 7642  | <a href="http://www.informclinics.co.nz">www.informclinics.co.nz</a>                                                                                 |

### For more information

0800 BC NURSE (0800 226 8773)  
[supportservices@bcf.org.nz](mailto:supportservices@bcf.org.nz)  
[www.breastcancerfoundation.org.nz](http://www.breastcancerfoundation.org.nz)

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| Waiora Collective        | Porirua,<br>Wellington    | 027 587 0700 | <a href="http://www.waioracollective.co.nz">www.waioracollective.co.nz</a>     |
| Living Well, Moving Well | Upper Hutt,<br>Wellington | 021 125 9439 | <a href="http://www.livingwellmovingwell.com">www.livingwellmovingwell.com</a> |

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|--------------------------------------------------|-------------------------------|--------------------------------|------------------------------------------------------------------------------------------------|
| <b>Activate Physiotherapy and Rehabilitation</b> | Nelson City,<br>Nelson        | (03) 548 2622                  | <a href="http://www.activatephysiotherapy.co.nz">www.activatephysiotherapy.co.nz</a>           |
| <b>Hands On Clinic</b>                           | Bealey Avenue,<br>City Centre | (03) 366 0660                  | <a href="http://www.handsonclinic.co.nz">www.handsonclinic.co.nz</a>                           |
| <b>On the Go Physio</b>                          | Canterbury,<br>Christchurch   | (021) 247 0514                 | <a href="http://www.onthegophysio.co.nz">www.onthegophysio.co.nz</a>                           |
| <b>St George's Cancer Care Centre</b>            | Strowan,<br>Christchurch      | (03) 375 6100                  | <a href="http://www.stgeorgescancercarecentre.org.nz">www.stgeorgescancercarecentre.org.nz</a> |
| <b>West Coast Physio</b>                         | Hokitika,<br>West Coast       | (03) 755 6887                  | <a href="http://www.westcoastphysio.co.nz">www.westcoastphysio.co.nz</a>                       |
| <b>Foveaux Therapeutic Massage</b>               | Invercargill,<br>Southland    | (03) 212 7403/<br>027 499 2793 | <a href="mailto:foveauxtherapeuticmassage@xtra.co.nz">foveauxtherapeuticmassage@xtra.co.nz</a> |
| <b>Foveaux Therapeutic Massage</b>               | Bluff,<br>Southland           | (03) 212 7403/<br>027 499 2793 | <a href="mailto:foveauxtherapeuticmassage@xtra.co.nz">foveauxtherapeuticmassage@xtra.co.nz</a> |

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