

# Clinics with lymphoedema therapists



## North Island

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<b>Active+ Albany</b>	Albany, Auckland	09 444 1925	<a href="http://www.activeplus.co.nz/locations/albany-north-shore">www.activeplus.co.nz/locations/albany-north-shore</a>
<b>Bay Physiotherapy</b>	St Heliers, Auckland	(09) 575 3666	<a href="http://www.bayphysiostheliers.co.nz">www.bayphysiostheliers.co.nz</a>
<b>Harbour Cancer Centre Physiotherapy</b>	Glenfield, Auckland	(09) 925 4451	<a href="http://www.harbourcancer.co.nz">www.harbourcancer.co.nz</a>
<b>Intouch Health</b>	Mount Albert, Auckland	(021) 299 1054	<a href="http://www.intouchhealth.co.nz">www.intouchhealth.co.nz</a>
<b>Return to Form Ponsonby</b>	Ponsonby, Auckland	(09) 551 4460	<a href="http://www.returntoform.com">www.returntoform.com</a>
<b>Lagom Clinic Lymphatic Care</b>	Newmarket, Auckland	(09) 217 6653	<a href="http://www.lagomclinic.co.nz">www.lagomclinic.co.nz</a>
<b>Lymph Therapies</b>	Pukekohe, Auckland	021 142 9338	<a href="http://www.lymphtherapies.co.nz">www.lymphtherapies.co.nz</a>
<b>Lymphoedema Essentials</b>	Remuera, Auckland	020 4047 3522	<a href="mailto:info@LOE.co.nz">info@LOE.co.nz</a>
<b>Peak Pilates and Physiotherapy Botany</b>	Botany Downs, Auckland	(09) 274 6000	<a href="http://www.peakpilates.co.nz/botany">www.peakpilates.co.nz/botany</a>
<b>Peak Pilates and Physiotherapy Merton Rd / St Johns</b>	St Johns, Auckland	021 151 9557	<a href="http://www.peakpilates.co.nz/st-john-merton-rd/">www.peakpilates.co.nz/st-john-merton-rd/</a>
<b>Mount Eden Lymphoedema &amp; Massage Clinic</b>	Mount Eden, Auckland	021 296 6243	<a href="mailto:mwakefieldmassage@gmail.com">mwakefieldmassage@gmail.com</a>
<b>Bodyworks Physiotherapy &amp; Wellness</b>	Kerikeri	(09) 407 4288	<a href="http://www.bodyworkspphysio.co.nz">www.bodyworkspphysio.co.nz</a>
<b>Freshstart Physiotherapy</b>	Kensington, Whangārei	021 0236 7074	<a href="http://www.freshstartphysiotherapy.co.nz">www.freshstartphysiotherapy.co.nz</a>
<b>Renee Wood – Āki Innovations</b>	Sun Salute Yoga Studio, Hamilton East	021 0815 8383	<a href="mailto:renee@aki.nz">renee@aki.nz</a> <a href="mailto:marcia@aki.nz">marcia@aki.nz</a>
<b>Thames Physiotherapy Clinic</b>	Thames, Waikato	(07) 868 9579	<a href="http://www.thamesphysio.co.nz">www.thamesphysio.co.nz</a>
<b>ZONE Physio &amp; Pilates</b>	Taupo, Waikato	021 566 894	<a href="http://www.pilates4life.co.nz">www.pilates4life.co.nz</a>

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<b>Skin Deeper</b>	Waihi, Waikato	021 239 2341	<a href="mailto:viv@totalwp.co.nz">viv@totalwp.co.nz</a>
<b>Kathryn Vickers – In Touch: Physiotherapy &amp; Lymphoedema Services</b>	Gate Pa, Tauranga	021 0235 2600	<a href="http://www.lymphysio.co.nz">www.lymphysio.co.nz</a>
<b>Lymph Connection</b>	Rotorua, Bay of Plenty	027 389 5151	<a href="mailto:lotsoflymph@gmail.com">lotsoflymph@gmail.com</a>
<b>Shona Lee Physiotherapy</b>	New Plymouth, Taranaki	021 0292 7976	<a href="mailto:shonamoves@gmail.com">shonamoves@gmail.com</a>
<b>Napier City Massage Therapy</b>	Napier South, Napier	(06) 833 6162	<a href="http://www.napiermassage.co.nz">www.napiermassage.co.nz</a>
<b>Align Physiotherapy</b>	Havelock North, Hastings	(06) 833 6485	<a href="http://www.alignphysio.co.nz">www.alignphysio.co.nz</a>
<b>Habit Health (Havelock North Physiotherapy)</b>	Havelock North, Hastings	(06) 877 7100	<a href="http://www.habit.health/about-us/locations/habit-health-havelock-north">www.habit.health/about-us/locations/habit-health-havelock-north</a>
<b>Churchyard Physio</b>	Palmerston North	(06) 354 8008	<a href="http://www.churchyardphysio.co.nz">www.churchyardphysio.co.nz</a>
<b>Maria Mudford</b>	Greytown, Wairarapa	021 0266 3462	<a href="http://www.mariamudford.com">www.mariamudford.com</a>
<b>Arc Physio Pilates</b>	Kelburn & Hataitai, Wellington	0800 272 749	<a href="http://www.arcwellness.nz">www.arcwellness.nz</a>
<b>Daniela Graham</b>	Island Bay, Wellington	022 103 5850	<a href="mailto:danielapgraham@gmail.com">danielapgraham@gmail.com</a>
<b>In Form Health</b>	Roseneath, Wellington	021 232 7642	<a href="http://www.informclinics.co.nz">www.informclinics.co.nz</a>

### For more information

0800 BC NURSE (0800 226 8773)  
supportservices@bcf.org.nz  
[www.breastcancerfoundation.org.nz](http://www.breastcancerfoundation.org.nz)

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<b>Waiora Collective</b>	Porirua, Wellington	027 587 0700	<a href="http://www.waioracollective.co.nz">www.waioracollective.co.nz</a>
<b>Living Well, Moving Well</b>	Upper Hutt, Wellington	021 125 9439	<a href="http://www.livingwellmovingwell.com">www.livingwellmovingwell.com</a>

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## South Island

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<b>Activate Physiotherapy and Rehabilitation</b>	Nelson City, Nelson	(03) 548 2622	<a href="http://www.activatephysiotherapy.co.nz">www.activatephysiotherapy.co.nz</a>
<b>Hands On Clinic</b>	Bealey Avenue, City Centre	(03) 366 0660	<a href="http://www.handsonclinic.co.nz">www.handsonclinic.co.nz</a>
<b>On the Go Physio</b>	Canterbury, Christchurch	(021) 247 0514	<a href="http://www.onthegophysio.co.nz">www.onthegophysio.co.nz</a>
<b>St George's Cancer Care Centre</b>	Strowan, Christchurch	(03) 375 6100	<a href="http://www.stgeorgescancercarecentre.org.nz">www.stgeorgescancercarecentre.org.nz</a>
<b>West Coast Physio</b>	Hokitika, West Coast	(03) 755 6887	<a href="http://www.westcoastphysio.co.nz">www.westcoastphysio.co.nz</a>
<b>Foveaux Therapeutic Massage</b>	Invercargill, Southland	(03) 212 7403/ 027 499 2793	<a href="mailto:foveauxtherapeuticmassage@xtra.co.nz">foveauxtherapeuticmassage@xtra.co.nz</a>
<b>Foveaux Therapeutic Massage</b>	Bluff, Southland	(03) 212 7403/ 027 499 2793	<a href="mailto:foveauxtherapeuticmassage@xtra.co.nz">foveauxtherapeuticmassage@xtra.co.nz</a>

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