

Clinics with lymphoedema therapists



North Island

Active+ Albany	Albany, Auckland	09 444 1925	www.activeplus.co.nz/locations/albany-north-shore
Bay Physiotherapy	St Heliers, Auckland	(09) 575 3666	www.bayphysiostheliers.co.nz
Harbour Cancer Centre Physiotherapy	Glenfield, Auckland	(09) 925 4451	www.harbourcancer.co.nz
Intouch Health	Mount Albert, Auckland	(021) 299 1054	www.intouchhealth.co.nz
Return to Form Ponsonby	Ponsonby, Auckland	(09) 551 4460	www.returntoform.com
Lagom Clinic Lymphatic Care	Newmarket, Auckland	(09) 217 6653	www.lagomclinic.co.nz
Lymph Therapies	Pukekohe, Auckland	021 142 9338	www.lymphtherapies.co.nz
Lymphoedema Essentials	Remuera, Auckland	020 4047 3522	info@LOE.co.nz
Peak Pilates and Physiotherapy Botany	Botany Downs, Auckland	(09) 274 6000	www.peakpilates.co.nz/botany
Peak Pilates and Physiotherapy Merton Rd / St Johns	St Johns, Auckland	021 151 9557	www.peakpilates.co.nz/st-john-merton-rd/
Mount Eden Lymphoedema & Massage Clinic	Mount Eden, Auckland	021 296 6243	mwakefieldmassage@gmail.com
Bodyworks Physiotherapy & Wellness	Kerikeri	(09) 407 4288	www.bodyworkspysio.co.nz
Freshstart Physiotherapy	Kensington, Whangārei	021 0236 7074	www.freshstartphysiotherapy.co.nz
Renee Wood – Āki Innovations	Sun Salute Yoga Studio, Hamilton East	021 0815 8383	renee@aki.nz marcia@aki.nz
Thames Physiotherapy Clinic	Thames, Waikato	(07) 868 9579	www.thamesphysio.co.nz

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Top North Physio and Spinal	Kaitia, Northland	(09) 408 0699	www.topnorthphysio.co.nz
ZONE Physio & Pilates	Taupo, Waikato	021 566 894	www.pilates4life.co.nz
Skin Deeper	Waihi, Waikato	021 239 2341	viv@totalwp.co.nz
Kathryn Vickers – In Touch: Physiotherapy & Lymphoedema Services	Gate Pa, Tauranga	021 0235 2600	www.lymphysio.co.nz
Lymph Connection	Rotorua, Bay of Plenty	027 389 5151	lotsoflymph@gmail.com
Shona Lee Physiotherapy	New Plymouth, Taranaki	021 0292 7976	shonamoves@gmail.com
Napier City Massage Therapy	Napier South, Napier	(06) 833 6162	www.napiermassage.co.nz
Align Physiotherapy	Havelock North, Hastings	(06) 833 6485	www.alignphysio.co.nz
Habit Health (Havelock North Physiotherapy)	Havelock North, Hastings	(06) 877 7100	www.habit.health/about-us/locations/habit-health-havelock-north
Churchyard Physio	Palmerston North	(06) 354 8008	www.churchyardphysio.co.nz
Maria Mudford	Greytown, Wairarapa	021 0266 3462	www.mariamudford.com
Arc Physio Pilates	Kelburn & Hataitai, Wellington	0800 272 749	www.arcwellness.nz

For more information

0800 BC NURSE (0800 226 8773)
supportservices@bcf.org.nz
www.breastcancerfoundation.org.nz

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Daniela Graham	Island Bay, Wellington	022 103 5850	danielapgraham@gmail.com
In Form Health	Roseneath, Wellington	021 232 7642	www.informclinics.co.nz
Waiora Collective	Porirua, Wellington	027 587 0700	www.waioracollective.co.nz
Living Well, Moving Well	Upper Hutt, Wellington	021 125 9439	www.livingwellmovingwell.com

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South Island

Activate Physiotherapy and Rehabilitation	Nelson City, Nelson	(03) 548 2622	www.activatephysiotherapy.co.nz
Hands On Clinic	Bealey Avenue, City Centre	(03) 366 0660	www.handsonclinic.co.nz
On the Go Physio	Canterbury, Christchurch	(021) 247 0514	www.onthegophysio.co.nz
St George's Cancer Care Centre	Strowan, Christchurch	(03) 375 6100	www.stgeorgescancercarecentre.org.nz
West Coast Physio	Hokitika, West Coast	(03) 755 6887	www.westcoastphysio.co.nz
Foveaux Therapeutic Massage	Invercargill, Southland	(03) 212 7403/ 027 499 2793	foveauxtherapeuticmassage@xtra.co.nz
Foveaux Therapeutic Massage	Bluff, Southland	(03) 212 7403/ 027 499 2793	foveauxtherapeuticmassage@xtra.co.nz

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