

PINC physiotherapy clinics



Auckland

Active+ Albany	Albany, Auckland	(09) 444 1925	www.activeplus.co.nz/locations/albany-north-shore
Active+ Dominion Road	Mount Eden, Auckland	(09) 631 0010	www.activeplus.co.nz/locations/dominion-road/
Active+ Ellerslie	Ellerslie, Auckland	(09) 579 0004	www.activeplus.co.nz/locations/ellerslie
Active+ Highbrook	East Tamaki, Auckland	(09) 273 7414	www.activeplus.co.nz/locations/highbrook-east-tamaki
Active+ Howick	Howick, Auckland	(09) 535 9160	www.activeplus.co.nz/locations/howick
Active+ Silverdale	Silverdale, Auckland	(09) 427 4477	https://www.activeplus.co.nz/locations/active-silverdale/
Active+ Snells Beach	Snells Beach, Auckland	(09) 425 4433	www.activeplus.co.nz/locations/snells-beach
Active+ Warkworth	Warkworth, Auckland	(09) 425 7698	www.activeplus.co.nz/locations/warkworth
Active+ Papakura	Papakura, Auckland	(09) 296 1026	www.activeplus.co.nz/locations/papakura-county-care/
Bay Physiotherapy*	St Heliers, Auckland	(09) 575 3666	www.bayphysiotherapists.co.nz
New Lynn Physiotherapy	New Lynn, Auckland	(09) 826 1122	www.newlynphysio.co.nz
NorthWest Physio+	Kumeu, Auckland	(09) 412 2945	www.northwestphysioplus.co.nz
Peak Pilates and Physiotherapy Millwater	Millwater, Silverdale	09 9590211	www.peakpilatesgroup.co.nz/studio/millwater

For more information

0800 BC NURSE (0800 226 8773)
supportservices@bcf.org.nz
www.breastcancerfoundation.org.nz

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Peak Pilates and Physiotherapy Botany	Botany Downs, Auckland	(09) 274 6000	www.peakpilatesgroup.co.nz/studio/botany
Peak Pilates and Physiotherapy Grey Lynn	Grey Lynn, Auckland	(09) 376 8343	www.peakpilatesgroup.co.nz/studio/grey-lynn
Peak Pilates and Physiotherapy Next Generation Gym	Parnell, Auckland	(09) 302 2702	www.peakpilatesgroup.co.nz/studio/parnellnext-generation
Peak Pilates and Physiotherapy Merton Rd/ St Johns	St Johns, Auckland	(09) 950 6102	www.peakpilates.co.nz/st-johns-merton-rd
Peak Pilates and Physiotherapy St Heliers	St Heliers, Auckland	(09) 575 6418	https://www.peakpilates.co.nz/st-heliers/
Physio Culture Ltd	Orewa, Auckland	022 354 8466	pinc.physio@gmail.com
Physio Mechanics Karaka	Karaka, Auckland	(09) 296 7677	www.physiomechanics.co.nz/clinic/karaka-clinic/
Physio Mechanics Pukekohe	Pukekohe, Auckland	(09) 237 1080	www.physiomechanics.co.nz/clinic/pukekohe-clinic/
Physio Mechanics Takanini	Takanini, Auckland	(09) 299 7677	www.physiomechanics.co.nz/clinic/takanini-clinic/
Physio Rehab Group Lunn Ave	Remuera, Auckland	(09) 527 8468	www.physiorehabgroup.co.nz/lunn-ave
Physio Rehab Group Mangere	Mangere, Auckland	(09) 979 5111	www.physiorehabgroup.co.nz/mangere/
Physio Rehab Group Stonefields	Stonefields, Auckland	(09) 527 8468	www.physiorehabgroup.co.nz/stonefields
Ponsonby Physiotherapy	Ponsonby, Auckland	(09) 378 6890	www.ponsonbyphysio.co.nz

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Return to Form Wynyard Quarter	Wynyard Qtr, Auckland	(09) 551 4460	www.returntoform.com
Habit Health Birkenhead	Birkenhead, Auckland	(09) 480 5237	www.habit.health/about-us/locations/habit-health-birkenhead
Habit Health Byron Ave	Takapuna, Auckland	(09) 489 7573	www.habit.health/about-us/locations/habit-health-byron-avenue
Clendon Physiotherapy	Manurewa, Auckland	(09) 266 3166	alison@clendonphysio.co.nz
Total Physiotherapy	Pukekohe, Auckland	(09) 239 1856	www.totalphysiotherapy.co.nz
Waiheke Physio & Pilates	Ostend, Waiheke	(09) 372 8281	www.waihekephysio.co.nz

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Rest of North Island

Top North Spinal and Sport Physiotherapy	Kaitaia, Northland	(09) 408 0699	www.topnorthphysio.co.nz
Bodyworks Physiotherapy & Wellness	Kerikeri, Northland	(09) 407 4288	www.bodyworksphysio.co.nz
Onerahi Physio	Whangārei, Northland	(09) 436 0919	www.onerahiphysio.co.nz
Tu Tonu Clinic	Pukete, Hamilton	(07) 595 0611	www.tuonu.com
Hillcrest Physiotherapy	Hillcrest, Hamilton	(07) 856 4656	www.hillcrestphysio.co.nz
Otorohanga Physiotherapy	Otorohanga, Waikato	(07) 873 7485	www.otophysio.co.nz
ZONE Physio and Pilates	Taupo, Waikato	021 566 894	www.pilates4life.co.nz
Focused Physiotherapy Te Awamutu	Te Awamutu, Waikato	(07) 871 4321	www.focusedphysio.co.nz
Thames Physiotherapy Clinic	Thames, Waikato	(07) 868 9579	www.thamesphysio.co.nz
Te Ngae Physiotherapy & Pilates	Lynmore, Rotorua	(07) 282 2047	www.globalrehabilitation.co.nz
Body in Motion Bethlehem	Bethlehem, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/bethlehem
Body in Motion Mount Maunganui	Mt Maunganui, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/mount-maunganui

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Rest of North Island

Body in Motion Papamoa	Papamoa, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/papamoa
Plus Rehab CHB	Waipukurau, Hawkes Bay	(06) 858 7802	www.plusrehabchb.co.nz
Align Physiotherapy	Havelock North, Hastings	(06) 833 6485	www.alignphysio.co.nz
Habit Health (Havelock North Physiotherapy)	Havelock North Hastings	(06) 877 7100	www.habit.health/about-us/locations/habit-health-havelock-north
Churchyard Physiotherapy	Palmerston North	(06) 354 8008	www.churchyardphysio.co.nz
Active+ New Plymouth	New Plymouth	(06) 769 9992	www.activeplus.co.nz
Physio Pilates New Plymouth	New Plymouth	02 777 70062	www.physiopilatesnp.co.nz
TBI Health New Plymouth	New Plymouth	(06) 222 0066	www.tbihealth.co.nz/new-plymouth-clinic
Whanganui Physiotherapy	Whanganui	(06) 2813456	www.whanganuiphysio.co.nz
HABIT Kapiti	Paraparaumu, Kapiti	(04) 298 6491	www.habitrehab.co.nz/clinics/kapiti
HABIT Evans Bay	Kilbirnie, Wellington	(04) 387 2888	www.habitrehab.co.nz/clinics/habit-evans-bay
Pilates Flow Kelburn	Kelburn, Wellington	0800 474 528	www.pilatesflow.co.nz
Pilates Flow Hataitai	Hataitai, Wellington	0800 474 528	www.pilatesflow.co.nz
Wellington Sports Med	Kilbirnie, Wellington	(04) 909 7609	www.wellingtonsportsmed.co.nz

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South Island

Well & Good Health	Blenheim, Marlborough	(03) 577 8999	www.wellandgoodhealth.co.nz
Activate Physiotherapy & Rehabilitation	Nelson	(03) 548 2622	www.activatephysiotherapy.co.nz
Motus Ashburton	Allenton, Ashburton	(03) 308 3838	www.motushealth.co.nz/physio-clinics/motus-ashburton
Active Health Flaxton	Rangiora, Canterbury	(03) 383 6290	www.activehealth.co.nz/north-canterbury
Active Health Durham Street	Rangiora, Canterbury	(03) 383 6290	www.activehealth.co.nz/north-canterbury
Active Health Manchester Street	St Albans, Christchurch	(03) 383 6290	www.activehealth.co.nz/christchurch
St George's Cancer Care Centre	Strowan, Christchurch	(03) 375 6100	www.stgeorgescancercarecentre.org.nz
Complete Physiotherapy	Lincoln, Christchurch	(03) 366 2550	www.completephysiotherapy.co.nz
West Coast Physio	Hokitika, West Coast	03 755 6887	www.westcoastphysio.co.nz
My Physio	Highfield, Timaru	(03) 686 9399	www.myphysio.health.nz
Your Physio	Cromwell, Otago	(021) 851 467	www.yourphysio.nz
Queenstown Physiotherapy	Queenstown, Otago	(03) 441 0580	www.queenstownphysiotherapy.com
Back in Motion Mornington	Mornington, Dunedin	(03) 453 0523	www.backinmotion.co.nz
Back in Motion Centre City	Dunedin	(03) 474 9400	www.backinmotion.co.nz

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South Island

**Accelerate
Physiotherapy**

Invercargill

(03) 218 6583

www.acceleratephysio.co.nz

**Windsor Street
Physiotherapy**

Windsor,
Invercargill

(03) 217 4983

www.windsorphysio.co.nz

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