

PINC physiotherapy clinics



Auckland

Active+ Albany	Albany, Auckland	(09) 444 1925	www.activeplus.co.nz/locations/albany-north-shore
Active+ Ellerslie	Ellerslie, Auckland	(09) 579 0004	www.activeplus.co.nz/locations/ellerslie
Active+ Howick	Howick, Auckland	(09) 535 9160	www.activeplus.co.nz/locations/howick
Active+ Mt Eden	Mount Eden, Auckland	(09) 631 0010	www.activeplus.co.nz/locations/dominion-road/
Active+ Papakura	Papakura, Auckland	(09) 296 1026	www.activeplus.co.nz/locations/papakura-counties-care/
Active+ Silverdale	Silverdale, Auckland	(09) 427 4477	www.activeplus.co.nz/locations/active-silverdale/
Active+ Snells Beach	Snells Beach, Auckland	(09) 425 4433	www.activeplus.co.nz/locations/snells-beach
Active+ Warkworth	Warkworth, Auckland	(09) 425 7698	www.activeplus.co.nz/locations/warkworth
Auckland Physiotherapy	Newmarket, Auckland	(09) 366 4480	www.aucklandphysiotherapy.co.nz
Bay Physiotherapy*	St Heliers, Auckland	(09) 575 3666	www.bayphysiotherapy.co.nz
bcalm Physiotherapy	Rothsay Bay, Auckland	021 735 059	www.bcalmphysiotherapy.co.nz
Be Physio and Health	Parnell, Auckland	(09) 307 7070	www.bephysio.co.nz
Clendon Physiotherapy	Manurewa, Auckland	(09) 266 3166	alison@clendonphysio.co.nz

For more information

0800 BC NURSE (0800 226 8773)
supportservices@bcf.org.nz
www.breastcancerfoundation.org.nz

Auckland

Harbour Cancer Centre Physiotherapy	Glenfield, Auckland	(09) 925 4451	www.harbourcancer.co.nz/
New Lynn Physiotherapy	New Lynn, Auckland	(09) 826 1122	www.newlynnphysio.co.nz
Peak Pilates and Physiotherapy Botany	Botany Downs, Auckland	(09) 274 6000	www.peakpilatesgroup.co.nz/studio/botany
Peak Pilates and Physiotherapy Grey Lynn	Grey Lynn, Auckland	(09) 376 8343	www.peakpilatesgroup.co.nz/studio/grey-lynn
Peak Pilates and Physiotherapy Merton Rd/ St Johns	St Johns, Auckland	(09) 950 6102	www.peakpilates.co.nz/st-johns-merton-rd
Peak Pilates and Physiotherapy Millwater	Millwater, Auckland	(09) 9590211	www.peakpilatesgroup.co.nz/studio/millwater
Peak Pilates and Physiotherapy St Heliers	St Heliers, Auckland	(09) 575 6418	www.peakpilates.co.nz/st-heliers/
Physio Culture Ltd	Orewa, Auckland	022 354 8466	pinc.physio@gmail.com
Physio Flex	Helensville, Auckland	(09) 420 8899	www.physioflex.co.nz
Physio Mechanics Karaka	Karaka, Auckland	(09) 296 7677	www.physiomechanics.co.nz/clinic/karaka-clinic/
Physio Mechanics Pukekohe	Pukekohe, Auckland	(09) 237 1080	www.physiomechanics.co.nz/clinic/pukekohe-clinic/
Physio Mechanics Takanini	Takanini, Auckland	(09) 299 7677	www.physiomechanics.co.nz/clinic/takanini-clinic/

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Physio Rehab Group Lunn Ave	Remuera, Auckland	(09) 527 8468	www.physiorehabgroup.co.nz/lunn-ave
Physio Rehab Group Mangere	Mangere, Auckland	(09) 979 5111	www.physiorehabgroup.co.nz/mangere/
Ponsonby Physiotherapy	Ponsonby, Auckland	(09) 378 6890	www.ponsonbyphysio.co.nz
Takapuna Physiotherapy	Takapuna, Auckland	(09) 486 3194	www.takapunaphysio.co.nz

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Rest of North Island

Top North Spinal and Sport Physiotherapy	Kaitaia, Northland	(09) 408 0699	www.topnorthphysio.co.nz
Physio Culture Ltd	Mangonui, Northland	0223548466	pinc.physio@gmail.com
Bodyworks Physiotherapy & Wellness	Kerikeri, Northland	(09) 407 4288	www.bodyworksphysio.co.nz
Active+ Northland	Whangārei, Northland	09 437 1021	www.activeplus.co.nz/locations/northland/
Onerahi Physio	Whangārei, Northland	(09) 436 0919	www.onerahiphysio.co.nz
Renee Wood – Āki Innovations	Sun Salute Yoga Studio, Hamilton East	021 0815 8383	renee@aki.nz marcia@aki.nz
Hillcrest Physiotherapy	Hillcrest, Hamilton	(07) 856 4656	www.hillcrestphysio.co.nz
Otorohanga Physiotherapy	Otorohanga, Waikato	(07) 873 7485	www.otophysio.co.nz
Focused Physiotherapy Te Awamutu	Te Awamutu, Waikato	(07) 871 4321	www.focusedphysio.co.nz
Thames Physiotherapy Clinic	Thames, Waikato	(07) 868 9579	www.thamesphysio.co.nz
Te Ngae Physiotherapy & Pilates	Lynmore, Rotorua	(07) 282 2047	www.globalrehabilitation.co.nz
Skin Deeper	Waihi, Waikato	021 239 2341	viv@totalwp.co.nz

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Rest of North Island

Avenues Physio-Fitness	Tauranga Sth, Tauranga	07 579 0421	www.avenuesphysiofitness.co.nz
Body in Motion Bethlehem	Bethlehem, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/bethlehem
Body in Motion Mount Maunganui	Mt Maunganui, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/mount-maunganui
Penelope Tyson – Physio4Life	Gisborne, Tairāwhiti	027 510 3151	www.physio4life.com Penelope.tyson@activeplus.co.nz
Align Physiotherapy	Havelock North Hastings	(06) 833 6485	www.alignphysio.co.nz
Habit Health (Havelock North Physiotherapy)	Havelock North Hastings	(06) 877 7100	www.habit.health/about-us/locations/habit-health-havelock-north
Active+ New Plymouth	New Plymouth	(06) 769 9992	www.activeplus.co.nz
Bounceback Physiotherapy	New Plymouth, Taranaki	(06) 759 2393	https://bounceback.co.nz/locations/new-plymouth/
Bounceback Physio Bellblock	Bell Block, Taranaki	(06) 755 9393	https://bounceback.co.nz/locations/bell-block/
Bounceback Physio Waitara	Waitara Taranaki	(06) 929 3349	https://bounceback.co.nz/locations/waitara/
TBI Health New Plymouth	New Plymouth	(06) 222 0066	www.tbihealth.co.nz/new-plymouth-clinic

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Rest of North Island

Churchyard Physiotherapy	Palmerston North	(06) 354 8008	www.churchyardphysio.co.nz
C Wellness	Paraparaumu, Kapiti	022 635 2934	help@cwellness.co.nz
HABIT Kapiti	Paraparaumu, Kapiti	(04) 298 6491	www.habitrehab.co.nz/clinics/kapiti
HABIT Evans Bay	Kilbirnie, Wellington	(04) 387 2888	www.habitrehab.co.nz/clinics/habit-evans-bay
Pilates Flow Kelburn	Kelburn, Wellington	0800 474 528	www.pilatesflow.co.nz
Pilates Flow Hataitai	Hataitai, Wellington	0800 474 528	www.pilatesflow.co.nz
Wellington Sports Med	Kilbirnie, Wellington	(04) 909 7609	www.wellingtonsportsmed.co.nz

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South Island

Well & Good Health	Blenheim, Marlborough	(03) 577 8999	www.wellandgoodhealth.co.nz
Activate Physiotherapy & Rehabilitation	Nelson	(03) 548 2622	www.activatephysiotherapy.co.nz
Active Health Rangiora North Canterbury	Rangiora, Canterbury	(03) 383 6290	www.activehealth.co.nz/north-canterbury
Active Health Christchurch	St Albans & New Brighton, Christchurch	(03) 383 6290	www.activehealth.co.nz/christchurch
On The Go Physio	Addington, Christchurch	(021) 247 0514	www.onthegophysio.co.nz
Motus Ashburton	Allenton, Ashburton	(03) 308 3838	www.motushealth.co.nz/physio-clinics/motu-ashburton
Total Physiotherapy	Fairlie, Canterbury	(09) 239 1856	www.totalphysiotherapy.co.nz
West Coast Physio	Hokitika, West Coast	(03) 755 6887	www.westcoastphysio.co.nz
My Physio	Highfield, Timaru	(03) 686 9399	www.myphysio.health.nz
Central Lakes Physiotherapy	Wanaka, Otago	(03) 443 1711	www.physiowanaka.co.nz
Your Physio	Cromwell, Otago	(021) 851 467	www.yourphysio.nz
Queenstown Physiotherapy	Queenstown, Otago	(03) 441 0580	www.queenstownphysiotherapy.com

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South Island

**Back in Motion
Centre City**

Dunedin

(03) 474 9400

www.backinmotion.co.nz

**Windsor Street
Physiotherapy**

Windsor,
Invercargill

(03) 217 4983

www.windsorphysio.co.nz

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